

Heart Disease. It's the No. 1 killer of Americans, taking more lives than the next five causes of death combined. One person in this country dies of heart disease every 33 seconds. Men, women, children – everyone is vulnerable.

But there is Hope. The Hope Heart Institute is committed to serving humanity through cardiovascular research and education. We are dedicated to preventing and treating heart and blood vessel disease, and to improving the physical, emotional and spiritual quality of life for all at risk of – or afflicted with – cardiovascular disease.

Overview

- A 501(c)3 non-profit cardiovascular research and education institute
- Founded 50 years ago by world-renowned cardiac surgeon Lester Sauvage, M.D.
- Named for legendary entertainer and benefactor Bob Hope, whose close friend Bing Crosby suffered from heart disease
- Affiliated Medical Staff: 27 Doctors, 38 Scientists, 7 Clinical Research Coordinators
- Annual Budget: \$3.5 million

Research

- *Basic Science:* At The Hope Heart Program, in conjunction with the Benaroya Research Institute at Virginia Mason, scientists study angiogenesis, cell and molecular biology of the vascular extra cellular matrix to explore new avenues of combating heart disease.
- *Clinical Research:* Cardiologists with The Hope Heart Clinical Research Program participate in trials of the latest medical breakthroughs – cutting-edge treatments such as a medical device or drug therapy.

Education

- *Kids Take Heart™:* hands-on health curriculum for 3-5th graders
- *Youth Take Heart™:* science curriculum targeting 6-8th graders in partnership with the University of Washington and MESA
- Take Heart™ curricula visited more than 200 Washington classrooms and touched the lives of 4,500 students in the 2007/2008 school year.
- *Women Take Heart™:* community event serving populations most at risk

Leadership

President & CEO: Mark Nudelman
Board of Directors: Scott Rabinowitz, Chair
Medical Director: Thomas Amidon, M.D., F.A.C.C.

Notable Achievements

- Founder Dr. Sauvage pioneered coronary artery bypass graft surgery, revolutionizing cardiac care around the world.
- Hope Health Publications are the most widely-read health publications in the world, reaching more than a million people each month.

Contact

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